GLUTEN FREE LUNCH MENU

RAW BAR

Please view our daily oyster list.

Full Lobster Tail	16
1/2 Lobster Tail	11
"Baltimore Style" Shrimp Cocktail 1/2 lb.	12
Taylor Bay Scallops	3 each
Chilled Mussels on the half shell	7 dozen
Jonah Crab Claws	3 each
Colossal Shrimp Cocktail	MP
Cherrystone Clams*	2 each
Littleneck Clams*	2 each
Shellfish Sampler* (for two) Clams, crab claws, jumbo shrimp, Taylor Bay scallops,	oysters, mussels

CATCH & SALAD

Any of our Fresh Fish of the day over any of our salads

APPETIZERS & SALADS

Furikake Seared Tuna* Arugula, cucumber, pickled ginger vinaigrette, wasabi emulsion	14
Caesar Romaine heart, parmesan, with Dee's Gluten Free Croutons	7
Iceberg Wedge Tomato, bacon, gorgonzola dressing	8
Field Greens Hand gathered greens, sherry vinaigrette	6
Autumn Chopped Salad Apples, cranberries, walnuts, pumpkin seeds, gorgonzola	10
Greek	8
Grape tomatoes, onion, feta, kalamata olives, cucumbers, greek vinaigrette	

MARKET CATCH Simply choose from our Fresh Seafood selection paired with our chef's daily preparation

Loch Duart Salmon Scotland 15 Atlantic Cod Chatham, MA 15 16 Fluke Stonington, CT **Shrimp** Gulf of Mexico 14 1 lb Lobster Stonington, CT MP 17 Sea Scallops Stonington, CT 17 Yellowfin Tuna Georges Bank Swordfish Steak North Carolina 20

SIGNATURE DISHES

TURF

14 oz. \sim 30

10 oz. ~ 32

20 oz. ~ 37

29

27

Served With One Side * **Grilled Loch Duart Salmon** 15 New York Strip* Butternut squash, fingerling potatoes, pecan-pumpkin vinaigrette Filet Mignon* Coffee Rubbed, Bone-In "Cowboy Cut" Steak* **Grilled Swordfish** 20 Vegetable succotash, Spanish chorizo, Romesco, roasted almonds Rich's "Steak and Shrimp" * Truffle mashed potatoes, roasted cauliflower and brussel sprouts, Chatham Cod A la Plancha 15 shrimp scampi sauce Sweet chili glaze, rock shrimp, kombu broth **Pan Seared Duck Breast Grilled Tavern Steak*** 18 Creamy polenta, spinach, grilled figs, pecan - pumpkin seed vinaigrette Gratineed gorgonzola, brussels sprouts, leeks Half Roasted Murray's Chicken Achiote marinade, spaghetti squash, Belltown apples, fig port glaze

ENTRÉE SALADS

Seared Scallops Chop Salad Apples, cranberries, walnuts, pumpkin seeds, gorgonzola	1 <i>7</i>
Chilled Shrimp Greek Grape tomatoes, onion, feta, kalamata olives, cucumbers, Greek vinaigrette	14
Lobster Cobb Gorgonzola cheese, pumpernickel croutons, hard cooked egg, avocado, bacon, tomatoes, sherry vinaigrette	19
Seared Tuna Nicoise Nicoise olives, haricot verts, hard cooked egg, confit tomatoes, artichoke, potatoes, white anchovies, caramelized onions	17
Grilled Chicken Caesar Romaine hearts, Dees Gluten free croutons, parmesan	11

FEATURED ADDITIONS Grilled Petite Fillet Mignon "Oscar" 24 Jumbo lump crab, béarnaise, mashed potatoes, sautéed spinach

LIVE LOBSTERS FROM OUR TANK

Available sizes: 1lb. & 2 lb. All lobsters served with **Cauliflower & Brussels Sprouts**

Steamed MP **Herb Grilled** MP**Baked Stuffed** MP with crab and shrimp stuffing