

GLUTEN FREE LUNCH MENU

PRIMI

BLISTERED PEPPERS Shishito, sweet habanero, and mini bell peppers, extra virgin olive oil, Meyer lemon crème fraiche, sea salt, Parmigiano Reggiano	10	BRAISED SHORT RIBS Chickpea puree, golden raisins, walnuts, Kalamata "dirt" smoked paprika oil	10
FEDERA Crispy prosciutto di Parma wrapped fresh mozzarella, arugula, sundried tomato pesto	9	CAPE COD MUSSELS* Chorizo sausage, marinated crimini mushrooms, tomatoes, sweet vermouth brodo	11
CALAMARI* Sautéed, sliced cherry peppers, lemon aioli and marinara	9	OCTOPUS CARPACCIO* Thinly sliced poached octopus, orange-fennel salad, Calabrian chili flake, lemon-thyme vinaigrette	11



INSALATI

BURRATA Arugula, burrata cheese, Rosedale Farms sungold tomatoes, fresh figs, cracked pepper, EVOO	11	INSALATA DELLA CASA Mixed greens, sherry vinaigrette, cucumbers, red onions	8
MAX'S CHOPPED Cucumbers, tomatoes, red peppers, carrots, green beans, romaine lettuce, gorgonzola cheese, sherry vinaigrette	10	With gorgonzola	9
BABY GREENS Baby spinach and kale, Rogers orchard apples, Marcona almonds, goat cheese, caramelized onion vinaigrette	11	CAESAR Romaine, Max's Classic Caesar dressing	8
BLUEBERRY PECAN Mixed greens, fresh blueberries, candied pecans, gorgonzola, onion, tomato, balsamic vinaigrette	11	TUSCAN Mixed greens, kalamata olives, roasted garlic, tomatoes, fresh mozzarella, balsamic vinaigrette	10

All salads available with non-fat Orange Sherry Vinaigrette



PASTA

MAX'S BOLOGNESE Hearty meat ragu, garlic, ricotta, pesto Genovese	15	MAX-A-PENNE Grilled chicken, escarole, tomatoes, garlic, Grana Padano	14
LAMBERTI'S CHICKEN SAUSAGE Grilled corn, red onions, sweet drop peppers, house made ricotta, garlic cream	15	ABBRONZATE Sundried tomato cream sauce, garlic, parmigiano	12
GAMBERI * Searred shrimp, local tomato medley, spinach, garlic, white wine	16	BUTTERO Sweet Italian sausage, Calabrian chili flake, garlic, peas and tomato cream sauce Grana Padano, baked in our wood-fired oven	15



PANINI E PIATTI

PORCHETTA Shaved porchetta, sautéed broccoli rabe, provolone, smoked tomato aioli	13	OAK GRILLED SALMON* Tarragon whipped potatoes, local tomatoes, crispy leeks, balsamic reduction	16
TURKEY BLT Roasted turkey, applewood bacon, avocado, leaf lettuce, tomatoes, lemon caper aioli	13	GRILLED SKIRT STEAK * Garlic sautéed spinach, cheddar mashed potatoes, pancetta vinaigrette	16
TUSCAN BURGER* AGED Cheddar cheese, tomato, red onions, pickles, gorgonzola aioli, red leaf lettuce <i>Add applewood smoked bacon 2.00</i>	14	CHICKEN COBB SALAD Bacon, avocado, tomatoes, hard cooked egg, gorgonzola, chopped chicory, romaine, Brown Derby dressing	15

** Thoroughly cooking meats, poultry, seafood, shellfish, & eggs reduces the risk of food-borne illness.
Max a Mia proudly supports local farmers & fishermen, and organic and sustainable practices, whenever possible.*